



The Story Of

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Our Baby's First
Achievements



All About Mommy



Full birth name

Date of birth

Place of birth

Grew up in

Education

Special talents and interests



All About Daddy

Full birth name

Date of birth

Place of birth

Grew up in

Education

Special talents and interests



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Our Family Tree

Mommy's Family

My Mommy

Grandmother

Grandfather

Great-Grandmother

Great-Grandmother

Great-Grandfather

Great-Grandfather

Mommy's Brothers

Mommy's Sisters



Our Family Tree

Daddy's Family

My Daddy

Grandmother

Grandfather

Great-Grandmother

Great-Grandmother

Great-Grandfather

Great-Grandfather

Daddy's Brothers

Daddy's Sisters



We're Having a Baby

When Mom discovered she was expecting

Her thoughts and feelings

How she told Dad

His thoughts and feelings

The first people they shared the news with

Mom's due date



Getting Ready for Baby

Classes and books

Special gifts and purchases

Planning my nursery

Photo of my nursery

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Filled with Anticipation

When they first heard my heartbeat

When Mom began to "skow"

When Mom first felt me move

When I became really active

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Sonogram picture



Baby's Beginning

The first trimester

The second trimester

The third trimester

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My Baby Shower

Hosted By

Date

Time

Location

Guests

Gifts

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My Baby Shower
Gifts

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My Baby Shower

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My Baby Shower
Gifts

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My Arrival

My full name

Date of birth

Time

Weight

Length

Hair color

Eye color

Distinguishing features

Place of birth

Delivered by

Loved ones who were present

Memorable moments



My First Photo

Who people think I look like

My distinct characteristics

Photo

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Small Wonder

Birth Certificate

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Hospital Bracelet



My Little Prints

My Handprints

My Footprints

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Birth Announcements

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Welcome Home

My first day home

What I wore

Who was there to welcome me

My new address

Photo

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My First Days at Home



The first night

Other memorable moments

Photo

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My First Visitors

Gifts and Cards

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My Spiritual Beginnings



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My Spiritual Beginnings



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Watch Me Grow

My pediatrician

My blood type

My first office visit

Visits:

Date	Purpose	Treatment
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Immunizations



		Date	Reaction
Diphtheria	}	_____	_____
Tetanus		_____	_____
Pertussis		_____	_____
	DTaP:	_____	_____
		_____	_____
Polio Vaccine		_____	_____
	IPV:	_____	_____
		_____	_____
Measles	}	_____	_____
Mumps		_____	_____
Rubella		_____	_____
	MMR:	_____	_____
		_____	_____
Haemophilus		_____	_____
	HIB:	_____	_____
		_____	_____
	Hepatitis B:	_____	_____
		_____	_____
Pneumococcal Conjugate	PCV7:	_____	_____
		_____	_____
Varicella (Chicken Pox):		_____	_____
		_____	_____
	Other:	_____	_____
		_____	_____



1st Month

Date

Height

Weight

Sleeping patterns

Eating habits

Discoveries and accomplishments

Highlights

2nd Month

Date

Height

Weight

Sleeping patterns

Eating habits

Discoveries and accomplishments

Highlights



3rd Month

Date

Height

Weight

Sleeping patterns

Eating habits

Discoveries and accomplishments

Highlights

4th Month

Date

Height

Weight

Sleeping patterns

Eating habits

Discoveries and accomplishments

Highlights



5th Month

Date

Height

Weight

Sleeping patterns

Eating habits

Discoveries and accomplishments

Highlights

6th Month

Date

Height

Weight

Sleeping patterns

Eating habits

Discoveries and accomplishments

Highlights



7th Month

Date

Height

Weight

Sleeping patterns

Eating habits

Discoveries and accomplishments

Highlights

8th Month

Date

Height

Weight

Sleeping patterns

Eating habits

Discoveries and accomplishments

Highlights



9th Month

Date

Height

Weight

Sleeping patterns

Eating habits

Discoveries and accomplishments

Highlights

10th Month

Date

Height

Weight

Sleeping patterns

Eating habits

Discoveries and accomplishments

Highlights



11th Month

Date

Height

Weight

Sleeping patterns

Eating habits

Discoveries and accomplishments

Highlights

12th Month

Date

Height

Weight

Sleeping patterns

Eating habits

Discoveries and accomplishments

Highlights



Growth Chart

Five years

Height

Weight

Four years

Height

Weight

Three years

Height

Weight

Two years

Height

Weight

18 Months

Height

Weight

One Year

Height

Weight

9 Months

Height

Weight

6 Months

Height

Weight

3 Months

Height

Weight

1 Month

Height

Weight

Birth

Height

Weight

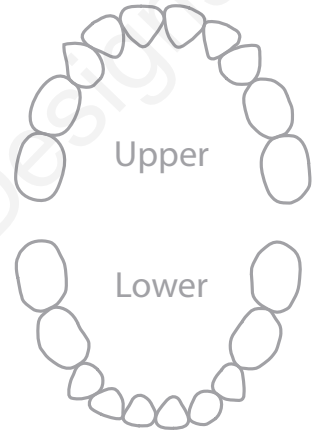
My First Teeth



My first tooth appeared at age

My dentist's name

My first office visit



Dates Teeth First Appeared

Upper

Lower

Left

Right

Left

Right

Central Incisor _____

Central Incisor _____

Lateral Incisor _____

Lateral Incisor _____

Cuspid _____

Cuspid _____

First Molar _____

First Molar _____

Second Molar _____

Second Molar _____

Dental Checkups

Date Treatment

Age

Date Treatment

Age



All My Firsts

When I First...

Slept through the night

Sat unsupported

Smiled

Clapped my hands

Found my hands and feet

Rolled back to tummy

Laughed out loud

Ate baby food

Rolled tummy to back

Crawled



All My Firsts

When I First...

Ate solid food

Fed myself

Stood by myself

Drank from a cup

Took my first step

Danced

Waved bye-bye

Sang along

Spoke

Dressed myself

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Bathtime

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First Haircut

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photo



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Sample -

photo



My First Friend

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photo



My First Vacation

On my first vacation we went to

I went with

Highlights of our trip

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My First Vacation
Photos

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Holiday Celebrations

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Holiday Celebrations

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My Favorites

Foods

"Snuggly"

Toys

Books/Stories

Songs

Friends

TV Shows/movies

Clothes

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I'm One of a Kind

Personality traits

Physical characteristics

Unique habits

Things that make me happy

I wasn't happy when

My Grandparents



What I call them

Where they live

My first visit

Special moments

Photo

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My Grandparents



What I call them

Where they live

My first visit

Special moments

Photo

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Happy First Birthday



How we celebrated

The cake

Family and friends who were there

Special gifts

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Birthday Photos

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My Second Birthday

How we celebrated

The cake

Family and friends who were there

Special gifts



Memories of My Second Year

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My Third Birthday



How we celebrated

The cake

Family and friends who were there

Special gifts

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Memories of My Third Year

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My Fourth Birthday

How we celebrated

The cake

Family and friends who were there

Special gifts



Memories of My Fourth Year

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My Fifth Birthday

How we celebrated

The cake

Family and friends who were there

Special gifts



Memories of My Fifth Year

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My First Day at School



First school attended

Date

My teacher's name

Best friends

Accomplishments

Favorite memories

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School Photos and Projects

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Notes and Photos

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Notes and Photos

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