

This book is  
lovingly made for

\_\_\_\_\_

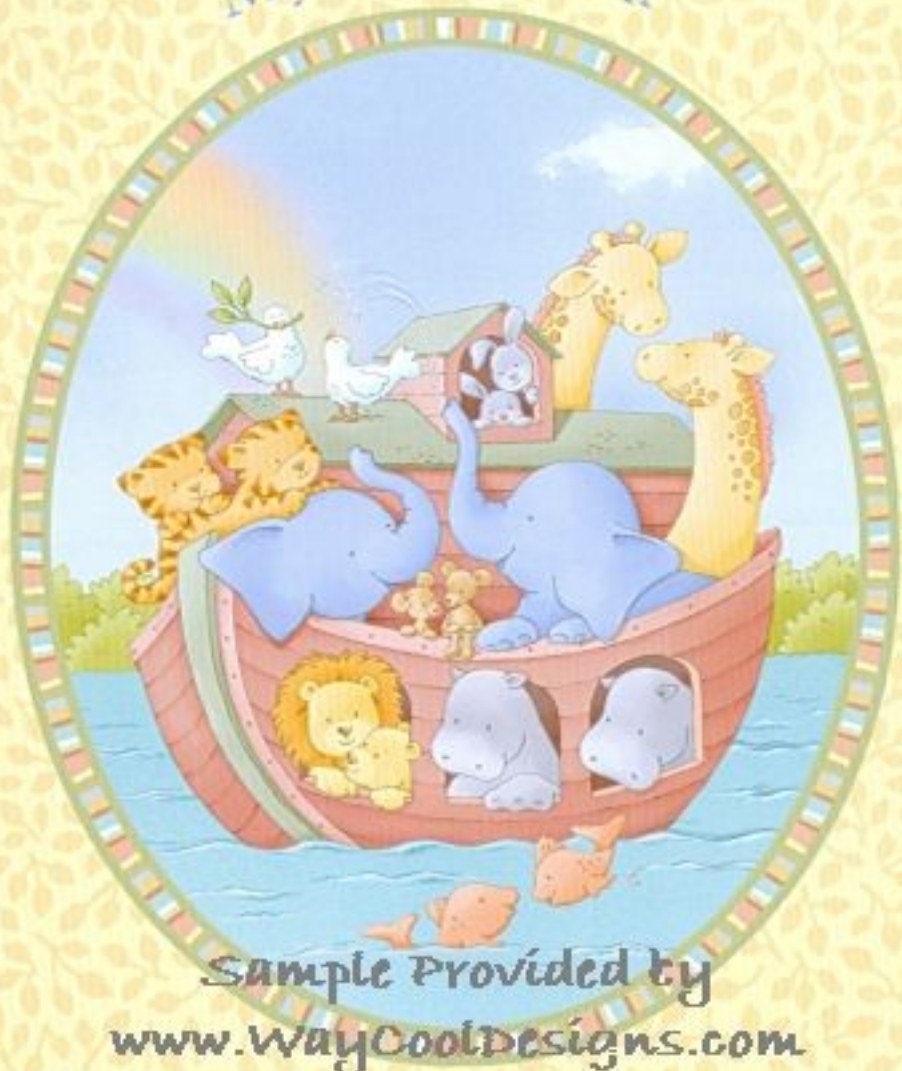
by

\_\_\_\_\_



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# My Baby Book



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A KEEPSAKE ALBUM OF BABY'S EARLY YEARS

ILLUSTRATED BY CATHY HECK



## ABOUT YOUR MOM AND DAD

In the beginning, before you were born, lived two people who loved each other very much.

They were your mommy and daddy.

Your mommy's full name was \_\_\_\_\_

and everybody called her \_\_\_\_\_

She was born on \_\_\_\_\_ in \_\_\_\_\_

and grew up in \_\_\_\_\_

Mommy went to school at \_\_\_\_\_

Her special talents and interests were \_\_\_\_\_

One of Mommy's favorite memories of growing up was \_\_\_\_\_



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Your daddy's full name was \_\_\_\_\_

and everybody called him \_\_\_\_\_

He was born on \_\_\_\_\_ in \_\_\_\_\_

and grew up in \_\_\_\_\_

Daddy went to school at \_\_\_\_\_

His special talents and interests were \_\_\_\_\_

One of Daddy's favorite memories of growing up was \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

This is how your mom and dad met \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Here's a story about their proposal \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

They were married on \_\_\_\_\_ at \_\_\_\_\_

For their honeymoon they went to \_\_\_\_\_

\_\_\_\_\_

Their favorite things to do together are \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



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Place a family photo here



Place a family photo here



Place a family photo here

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Your paternal grandmother's full name was \_\_\_\_\_  
and everybody called her \_\_\_\_\_

She was born on \_\_\_\_\_ in \_\_\_\_\_  
and grew up in \_\_\_\_\_

The names of her brothers and sisters were \_\_\_\_\_  
\_\_\_\_\_

Your grandmother went to school at \_\_\_\_\_  
After she finished school, she decided to \_\_\_\_\_

Your paternal grandfather's full name was \_\_\_\_\_  
and everybody called him \_\_\_\_\_

He was born on \_\_\_\_\_ in \_\_\_\_\_  
and grew up in \_\_\_\_\_

The names of his brothers and sisters were \_\_\_\_\_  
\_\_\_\_\_

Your grandfather went to school at \_\_\_\_\_  
After he finished school, he decided to \_\_\_\_\_



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YOUR FAMILY TREE



You!



Brothers



Sisters



Mother

Father



Grandparents

Grandparents



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Grand-Grandparents

Grand-Grandparents





## GETTING READY

The day Mommy and Daddy learned the great news \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Their reactions \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

The first people they told \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

And their reactions \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

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## ON THE WAY

When and where labor pains began \_\_\_\_\_

\_\_\_\_\_

How long labor lasted \_\_\_\_\_

\_\_\_\_\_

Where you were born \_\_\_\_\_

People present for the delivery \_\_\_\_\_

\_\_\_\_\_

Mommy's reaction \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Daddy's reaction \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Memorable moments \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

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# YOU ARE HERE!



Your Name: \_\_\_\_\_

Birth date: \_\_\_\_\_ Time of birth: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Color of eyes: \_\_\_\_\_ Color of hair: \_\_\_\_\_

You looked like \_\_\_\_\_

because \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Other names we considered for you \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

How your name was chosen \_\_\_\_\_

\_\_\_\_\_

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*Place a  
first photo  
here*



LITTLE HANDPRINTS



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## WELCOME HOME

It was time to go home. You were only \_\_\_\_\_ days old.

You were taken home by \_\_\_\_\_

You were dressed in \_\_\_\_\_

It was a grand day! The weather was \_\_\_\_\_

This was your reaction to the big, bright world \_\_\_\_\_

Your address was \_\_\_\_\_

You were greeted by \_\_\_\_\_

Your room was decorated with \_\_\_\_\_

Here are some memories of your first days at home \_\_\_\_\_

Welcome home: **Sample Provided by**

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Photos of your first home



Place nursery  
photos here

Place nursery  
photos here

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## SMILING BABY

Dentist's name \_\_\_\_\_

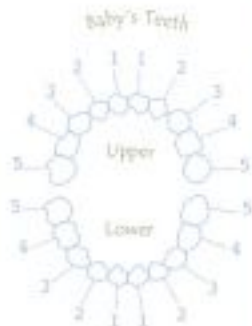
Your first visit \_\_\_\_\_

Your reaction \_\_\_\_\_

\_\_\_\_\_

### Dates Teeth First Appeared

Upper:	Left	Right
Central Incisor	_____	_____
Lateral Incisor	_____	_____
Cuspid	_____	_____
First Molar	_____	_____
Second Molar	_____	_____
Lower:	Left	Right
Central Incisor	_____	_____
Lateral Incisor	_____	_____
Cuspid	_____	_____
First Molar	_____	_____
Second Molar	_____	_____



### Dental Checkups

Treatment \_\_\_\_\_ Date \_\_\_\_\_ Age \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

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## 1ST-MONTH MILESTONES

Date \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_

Sleeping patterns \_\_\_\_\_  
\_\_\_\_\_

Eating habits \_\_\_\_\_  
\_\_\_\_\_

New foods I liked \_\_\_\_\_  
\_\_\_\_\_

New discoveries I made \_\_\_\_\_  
\_\_\_\_\_

My accomplishments \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Special Memories \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

1-month-old photo

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### 3RD-MONTH MILESTONES

Date \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_

Sleeping pattern \_\_\_\_\_  
\_\_\_\_\_

Eating habits \_\_\_\_\_  
\_\_\_\_\_

New foods I liked \_\_\_\_\_  
\_\_\_\_\_

New discoveries I made \_\_\_\_\_  
\_\_\_\_\_

My accomplishments \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Special Memories \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



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## ALL OF YOUR FIRSTS

When you first ...

Slept through the night \_\_\_\_\_  
\_\_\_\_\_

Smiled \_\_\_\_\_  
\_\_\_\_\_

Found your hands and feet \_\_\_\_\_  
\_\_\_\_\_

Laughed out loud \_\_\_\_\_  
\_\_\_\_\_

Clapped your hands \_\_\_\_\_  
\_\_\_\_\_

Rolled over \_\_\_\_\_  
\_\_\_\_\_

Ate solid food \_\_\_\_\_

and it was \_\_\_\_\_

Sat up alone \_\_\_\_\_  
\_\_\_\_\_

Crawled \_\_\_\_\_  
\_\_\_\_\_

Stood by yourself \_\_\_\_\_



Place photo here

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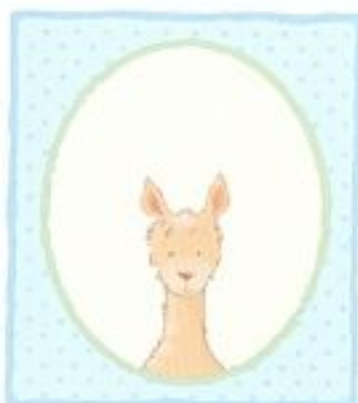
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## ALL OF YOUR FIRSTS

Your first haircut \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



BEFORE



AFTER

Your first steps \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Photo of baby's  
first steps here

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## DISCOVERING

Kindergarten \_\_\_\_\_

Name of teacher \_\_\_\_\_

Your first day \_\_\_\_\_  
\_\_\_\_\_

Your friends \_\_\_\_\_  
\_\_\_\_\_

Experiences to remember \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Elementary School \_\_\_\_\_

Name of teacher \_\_\_\_\_

Your first day \_\_\_\_\_  
\_\_\_\_\_

Your friends \_\_\_\_\_  
\_\_\_\_\_



Experiences to remember \_\_\_\_\_

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