

My Baby Book



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Illustrated by Cathy Heck

About Your Mother

In the beginning, before you were born, lived two people who loved each other very much. They were your Mommy and Daddy.

Your Mommy's full name was _____

and everybody called her _____

She was born on _____ in _____

and grew up in _____

Mommy went to school at _____

Her special talents and interests were _____

One of Mommy's favorite memories of growing up was _____



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About Your Father

Your father's full name was _____

and everybody called him _____

He was born on _____ at _____

and grew up in _____

Father went to school at _____

His special talents and interests were _____

One of father's favorite memories of growing up was _____

Tell it how you see it and did not _____

How's father about their project _____

They were inspired to _____ at _____

for their business they want to _____



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The Story of Your Grandparents



Your maternal grandfather's full name was _____

and everybody called him _____

He was born on _____ in _____

and grew up in _____

The names of his teachers and other adults _____

Your grandmother used to think of _____

After she finished school, she decided to _____

Your maternal grandfather's full name was _____

and everybody called him _____

He was born on _____ in _____

and grew up in _____

The names of his teachers and other adults _____

Your grandfather used to think of _____

After he finished school, he decided to _____

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Your paternal grandfather's full name was _____

and everybody called him _____

He was born on _____ in _____

and grew up in _____

The names of his brothers and sisters were _____

Your grandfather went to school at _____

After he finished school, he decided to _____

Your paternal grandfather's full name was _____

and everybody called him _____

He was born on _____ in _____

and grew up in _____

The names of his brothers and sisters were _____

Your grandfather went to school at _____

After he finished school, he decided to _____



Free a patch key

Sample provided by
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Two & four is two two



Two & four is two two



Two & four is two two

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Getting Ready

The day Mommy and Daddy crossed the year's end _____

Their reaction _____

The first people they had _____

And their reaction _____



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Preparing



Mummy's full name _____

Daddy's name _____

Daddy's address _____

Mummy's favorite food _____

Mummy's least favorite food _____

The day Mummy and Daddy started your heartbeat _____

Favorite text message _____

Method of childbirth they chose _____

Class they attended _____

Books they read _____

Advice from family and friends _____

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You Are Here!

Your Name: _____

Birth date: _____ Time of birth: _____

Height: _____ Weight: _____

Color of eyes: _____ Color of hair: _____



You looked like _____
because _____

Other names we considered for you _____

How your name will change _____



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Little Handprints



Little Footprints

Sample provided by

www.WayCoolDesigns.com

Adorable First Photos



Sample provided by
www.WayCoolDesigns.com

Welcome Home

It was time to go home. You were only _____ days old.

You were taken home by _____.

You were dressed in _____.

It was a great day! The weather was _____.

This was your reaction to the big, bright world.

Your address was _____.

You were greeted by _____.

Your room was decorated with _____.

Here are some memories of your first days at home.

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The World Around You

On the day you were born...

Popular songs and records _____

Songs we listened to _____

Famous actors and actresses _____

Blockbuster movies _____

Hit television shows _____

Sports heroes _____

Best-selling books _____

Fashion trends _____

The price of a gallon of milk was _____

and a loaf of bread cost _____

We paid _____

of gasoline.

for a gallon

Sample provided by

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Sleepy Nights

Your bedtime routine...

How we put you to bed at night _____

Bedtime stories we would tell you _____

Your bedtime toy _____

Lullaby or music that made you fall asleep _____


When you first slept through the night _____



More at www.waycooldesigns.com

Sample provided by
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Ouch!

		Date	Reaction
Diphtheria			
Tetanus	TTaP:		
Pertussis			
Polio Vaccine	IPV:		
Mening			
Mumps	MMV:		
Rubella			
Haemophilus	Hib:		
	Hepatitis B:		
Pneumococcal Conjugate	PCV:		
	Varicella: Chicken Pox		
	Others:		



Sample provided by

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Sunshiny Smiles

tooth's name _____

Your first visit _____

Your reaction _____

Baby Teeth First Appeared

Upper Left Right

1. Central Incisor _____

2. Lateral Incisor _____

3. Cuspid _____

4. First Molar _____

5. Second Molar _____

Lower Left Right

1. Central Incisor _____

2. Lateral Incisor _____

3. Cuspid _____

4. First Molar _____

5. Second Molar _____



Dental Checkup

Treatment Date Age



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4th Month Milestones

Age _____ Height _____ Weight _____

Keeping rattled _____

Eating habits _____

New food I liked _____

New discoveries I made _____

My accomplishments _____

Places I went _____

Special friends I made _____

I learned some baby skills this month _____



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5th Month Milestones

Size _____ Height _____ Weight _____

Sleeping patterns _____

Eating habits _____

New foods I liked _____

New discoveries I made _____

My accomplishments _____

Places I went _____

Special friends I made _____

I learned some baby babbling this month _____



Sample provided by

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Now You Are 3!

How you celebrated your third birthday _____



Three Birthday Ducks

Sample provided by
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Now You Are 4!

How you celebrated your fourth birthday.



Fourth Birthday Party

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